

NNUH Dementia Fayre

Monday 14th May 2018



Talks for the public and staff on **Living Well with Dementia**

- 11.30 – 12.30 – Eating and Drinking Well with Dementia**
Dietitian, Speech and Language Therapist & Nurse NNUH
Dementia Nutrition Group
- 14.00 – 15.00 – Living Well as Dementia Progresses**
Dr Jay Foden and Palliative Care Team, NNUH
- 15.30 – 16.30 - Keeping Physically Well**
Philip Clark and Emma McCann, NNUH Physiotherapists
- 17.00 – 17.55 - Keep Thinking and Talking with Cognitive Stimulation**
Dr Sarah Housden, Senior Lecturer in Health Sciences, UEA
- 18.00 – 19.00 - Supported Well in Norfolk**
Introducing the new Admiral Nurse and Alzheimer's Society
Service – Zena Aldridge, Senior Consultant Admiral Nurse
and Daniel Schaffer, Alzheimer's Society Services Manager
Norfolk



Information stands **10am-5pm**

- Norfolk County Council
- NorseCare
- Parkinson's UK
- Alzheimer's Society
- Home Instead
- Andrew Frederick Adult Support
- NNUH Dementia Support Team
- Active Norfolk
- Admiral Nurse Service
- Independence Matters
- NNUH Mental Health Liaison
- Carers Matter Norfolk
- Age UK Norwich
- Norfolk Knitters and Stitchers
- Wymondham Dementia Support Group
- Silver Road Community Centre
- Equal Lives
- Norfolk Constabulary
- NNUH Library
- Healthwatch
- Norfolk Young Carers Forum
- Voluntary Norfolk
- Aylsham Care Trust
- Age UK Norfolk
- Sprowston Dementia Friendly Community and Cafe
- NNUH Neurology Nursing
- ...plus many more!

